

WHAT OTHERS SAY ABOUT el Ma Ra ॐ 4 Decades of Testimonials.

ALLISON'S TESTIMONIAL

(Divine Light Language Transmission ~ April 2018)

ok el so here's the thing. I have had a lot of trouble with these recordings (Divine Light Language), they sound a bit out there. But because I trust you 110% and I know everything you say is true, I pushed that aside and did as you instructed. I listened to the tones, and breathed it in. HOLY SHIT el, within 3 minutes my sciatica pain, which was so bad yesterday, pulsating down my leg was GONE... yes gone. The kids then jumped all over me and the pain came back, but this morning (first listened 12 hours ago approx.) pain gone. Amazing...thank you el. And this too on 20th April, 2018. 2 weeks since I first listened and all pain completely gone. Even the residual tinges. I've not had such complete relief in all of my memory with years of chiropractic care.

Thanks el.

Allison ~ Canberra, Australia

NINA'S TESTIMONIAL

(Sacred Light Transmission ~ May 2018)

"Hi el, I wanted to let you know I am grateful for your time in getting me to do this months Sacred Light Transmissions and wanted to say much gratitude in persevering and not giving up on me...I woke up this morning from a nightmare and a terrible headache/migraine persevered through it till I got to work at 10am start. At 10am I sat in my office settee and at 10.10am called in the Sacred Light Transmissions from any missed since the start (4 days since 5th May~) including today and then pow...headache gone...I will be listening on repeat all day whilst at work and if can all night while sleeping, (no kinky dreams listening to your voice...promise)

🙄 ...thank you again and thank you Spirit for persevering...Love you and when you are down will book you in for another day Spiritual Life Coaching session...let me know when" ❤️

Nina ~ Melbourne.

JEFF'S TESTIMONIAL

(Sacred Light Transmission ~ May 2018)

Hi , I am still listening & am getting great results. I'm in my body more easily, aches & pains that I have had for years have left, my emotions are much more balanced and the brain is thinking better. I am just starting (only 5 days into the 22 days) and have much more to expect that will help change my life. ❤️❤️❤️

Jeff Witham ~ BOSTON USA

NOVA'S TESTIMONIAL

(Sacred Light Transmission ~ April 2018)

My cells are filled with life and love! And I feel more confident already after a tough few years.

NOVA ~ Melbourne, Australia

SANDY'S TESTIMONIAL

(Sacred Light Transmission ~ April 2018)

Thank you so much El once again for your kind generosity 💖 I am enjoying these transmissions immensely x

Sandy ~ Manila, Philippines.

ANSA'S TESTIMONIAL

(Sacred Light Transmission ~ April 2018)

The energy is awesome. I feel lighter and my brain feels clearer and more focused. Whenever I feel challenging situations your teachings come back to me.

Ansa ~ Pretoria, South Africa.

DAWN'S TESTIMONIAL

(Sacred Light Transmission ~ April 2018)

PROFOUND ~ I am beyond grateful to experience the Blessings of your Divine Presence.

Dawn Close ~ New York, USA

LAURA'S TESTIMONIAL

(Divine Light Language Transmission ~ 22nd April 2018)

This is/was wonderful El Ma Ra. I felt light as if I was floating and a giant sense of calm. Much gratitude and love to you.

Laura Marie ~ Minneapolis, USA

JENNY'S TESTIMONIAL

(SPIRITUAL INTENSIVE ~ August 2017)

El, I will always be eternally grateful to you for taking me through this 10 week spiritual intensive, through the insistence of spirit. I truly feel blessed to have the opportunity that you have given me. This week I have become more focused, productive, and feel less pain in my body for the first time in months. I feel a real sense of calm and balance which I have not had for many years now, this just only after a couple of sessions, I am forever grateful to you,

Thank you, thank you, thank you.. Blessings

Jenny xx Melbourne ~ Australia.

LUCY'S TESTIMONIAL

(SPIRITUAL INTENSIVE ~ July 2015)

I have just experienced the most profound 10 weeks of my life! This course totally surpassed my expectations. I commenced my first session with a long list of goals and I met all of them and some. I have experienced chronic health issues for years which were compounded by a highly sensitive/empathic nature. Everything was a struggle and I have tried so many practitioners, treatments and courses just to make life more 'liveable'. el Ma Ra supported me in creating extraordinary shifts in my life in a very short space of time. I have learnt tools to have a deep connection with my soul, something I have yearned for my whole life. I now understand how to be empathic but not to be affected by the energies I come into contact with. I have loads more energy, my mind is clearer, my intuition has skyrocketed, I feel more empowered, more focused, more productive, more creative, more relaxed, more peaceful, I feel less pain in my body, I am

living more in the present, and I can speak my mind and my truth without being consumed by emotion. I feel happier, healthier and more connected than I have ever been and it feels amazing! On top of all this, I am beginning a new career. This course has pulled me out of a deep, dark well, put me firmly on my soul's path and shown me which sign posts to read. I was extremely nervous about spending the money on myself to do this course, but I would do it all again! El is an extraordinary woman, healer, teacher, mentor and friend. I love her no-nonsense approach. She is real and she is extremely gifted. Thank you from the bottom of my heart el Ma Ra, I look forward to working with you again very soon. This is only just the beginning!
Lucy ~ Melbourne 10 Week Spiritual Intensive July 2015.

CORINE'S TESTIMONIAL (SPIRITUAL INTENSIVE)

OMG el Ma Ra ~ I know you are powerful but this tops the cake! I am a powerful Healer myself of 15+ years & my life stopped working in February 2013. Everything slowed to a halt & did not start again until I starting working with you this year! I had completed your Christ Consciousness Activation in January & the Sacred Light Transmissions in April & KNEW I had to do the DIVINE SOUL AWAKENING SPIRITUAL INTENSIVE which costs \$5888. However we had just paid out \$20,000 in taxes & I knew my hubby would have a heart attack if he knew I spent that much money on myself & I did not want to lie to him. el Ma Ra told me not to lie to him ~ and told me to ask GOD if they wanted me to do this program then to bring me the money now! Within 5 hours of making this request ~ \$93,000 showed in my life. ~ YES \$93,000 ~ WOOOOO HOOOOO Unbelievable!! However this is the best bit! ~ BEFORE THE CHECK EVEN CLEARED ~ BOTH OF MY BUSINESSES TOOK OFF & I WAS ABLE TO PAY \$4000 of the \$5888 within a week! We are only 3 weeks into my Spiritual Intensive & I have cleared more poop & stuff about my sexual abuse than I have in the last 10 years. I have worked with many healers over the years & YOU ARE THE FIRST HEALER that has truly impacted my life & made significant magnificent changes in such a short while. My personal & business life continue to soar after every weekly Spiritual Life Coaching session with you. I cannot even begin to imagine where I might be at the end of these 10 weeks ~ because I have already achieve far more than I ever dreamed was possible in just 3 short weeks. THANK YOU ~ THANK YOU ~ THANK YOU el Ma Ra & THANK YOU GOD for allowing our paths to cross. This is one truly powerful Spiritual Teacher everyone & if you are stuck anywhere in your life ~ el Ma Ra will get you moving again.

CORINE ~ Spiritual Healer & Teacher ~ NEW YORK USA.

ANTONINA'S TESTIMONIAL (SPIRITUAL INTENSIVE & COACHING ~ 2011 - 2017)

Knowing el Ma Ra for over 6 years now, I value the guidance given in that time by a gifted spiritual teacher. I have been through hell and back, facing both light and dark, taking one step forward, two steps back each time felt safe, protected and grounded when working with el. At times have needed redirection and further insight, knowing when needed she is but a phone call away...granted it takes the time to reach her but in divine timing, all works out... I have and always will be grateful and thankful for the support, from such a spiritual strength provided from a deeply connected grounded and inspiring individual that is el Ma Ra Seraphim. As a student, now stepping up to the plate, as teaching brings, I am truly thankful for her being there to guide and assist me in finding my own space and power in truth towards understanding in my life

purpose.💖 el, I do want to say that we have had our moments and only a few individuals get the privilege to whoop my ass and as much as I hate to admit it, that whooping has gotten me somewhat to where I am today and from the bottom of my heart...Thank you! Thank you! Thank you!

Much love and gratitude....

Antonina, Age 45 Melbourne ~ Australia.

YAMAEI'S TESTIMONIAL

(PURE SOURCE ACTIVATION December 2016)

I wanted to take a moment and share how AWESOME the Pure Source Activation is that you can get from el. It goes far beyond the daily transmissions and the energy is indescribably beautiful, powerful and all encompassing. In a matter of minutes it dissolved pain I was having and I cannot wait to see what continued use will provide. If you want to go deeper into grounding your true PURE Source being into your beautiful body and transcend illusions keeping you stuck...this activation is key. Ask el for more details.

Yamael Florida USA

DORENE'S TESTIMONIAL

(SUPER DNA ACTIVATION December 2016)

I've been listening to the Super DNA Activation 2 times per day and when I am working it is on low volume repeat. I must say I was expecting to feel tired but instead, I am buzzing with energy!! Much clearing is taking place as I am not hungry at all and requiring lots of water and rest when needed. Looking forward to seeing how all this unfolds ♥

Dorene. Florida USA

LISA'S TESTIMONIAL

(BREAK THRU TO THE OTHER SIDE Weekend Treat ~ June 2016)

This all happened BEFORE the Treat began within a week of paying: Thank you el, So much movement and spirit guide help. I've been invited to submit my drawings to a publishing company. el you are my human guide lol. Actually I'm in a place within myself to listen and put it all into action. I have also received an order for prayer beads and this morning is was doubled as well as the Barefooted Medium has commissioned me to make her personal barefoot sandals as well as her own line. Also singing bowl meditation Cd or download is coming and sales for bowls and workshops are moving like never before... All I can say is WOW!!! Thank you thank you thank you to all the beings here and beyond for the help and I'll never stop listening and learning. I'm bursting el I'm so excited to see you. Xxxx.

THIS AFTER her Weekend Treat: Yes the light turned on, brighter than I'd ever known. I also went home 😞 I was called back by my loved ones higher selves. I wanted to stay.. Ok so my left knee has been the best it's been in weeks as to my neck and shoulders. My right knee has swollen to 3 times the size. I am doing the balancing every morning and when it gets to an overwhelming 7% I step away from what I'm doing (which is trade work) and I shift myself... I'm also sorry that I was unable to communicate there was a big part that felt a personal connection to where I went.. I'm extremely honoured that the universe brought us all together and that el was our guide..

Love to you all.
Lisa ~ Melbourne ~ Australia.

TANYA'S TESTIMONIAL

(BREAK THRU TO THE OTHER SIDE Weekend Treat ~ June 2016)

This happened BEFORE the Weekend Treat began:(4 days after she paid) Last week I received a business proposal worth \$75k over two years. I have also gotten an additional client in my role of Personal Care This AFTER Tanya's Training: Feeling amazing after a wonderfully spiritual weekend, spent connected to my Soul & the Universal Crystalline Grid with 5 most amazing women I am blessed to call friends. Sometimes we lose focus of that side of us as we scurry around living, forgetting that we could move around more effectively when we are in touch with our 'higher self'. Thank you so much el Ma Ra, your wisdom and knowledge is truly a gift. A pleasure to share time and space with you el, Lisa, Antonina, Fiona and Leony (our gracious host).

Regards,
Tanya ~ Melbourne ~ Australia.

XENA'S TESTIMONIAL

(PURE SOURCE TRANSMISSION ~August, October & November 2016)

Well that helped a lot El, I have been listening to you through the stereo, loud, and by the second run, I felt a shift - the birds are sitting on my roof (in the corner where the stereo is) and I can hear them over your recording, which is loud enough that I can hear it in the furthest part of the house as I clean. (Aug)

That was amazing! I smiled the whole way through, you know what I have been going through el, but I felt weightless. The energy is gorgeous. Still feeling weightless, warm and love - smiling

😊😊😊 (Oct)

This one's gonna be a ripper - I listened to your first few minutes of speaking and my lower back started vibrating. (Nov)

Xena, Melbourne Australia

NINA'S TESTIMONIAL

(DIVINE ENERGY TRANSMISSION ~ November 2016)

This months Activation is some pure good stuff...listened daily...and feel amazing...like clearing up any residual prepping for the new year 2017...wowzers...thank you ❤️❤️❤️

Nina. Melbourne, Australia

AMANDA'S TESTIMONIAL

(DIVINE LIGHT LANGUAGE & DIVINE ENERGY TRANSMISSION ~ October 2016)

It was so powerful it knocked me out. I must listen again and see if i can stay awake this time
Amanda. Gold Coast, Australia

ROSEMARY'S TESTIMONIAL

(SPIRITUAL HEALING ACTIVATION ~ May 2016)

Well I have just discovered el Ma Ra's new BREAK THRU TO THE OTHER SIDE / GODDESS CODES workshop. This SERAPHIM ANGEL has just given me a taste of her new

Activation healings. About a month ago I tore my hamstring very badly which kept me bedridden for over a week and then in intense pain every time I moved those thigh muscles. I love to play the guitar and sing but haven't been able to for years now due to my two forefingers which I haven't been able to bend. When I am down the South Coast I always love to catch up with el Ma Ra as I love her energy and she is so kind and loving. Her eyes say it all. They are a pastel blue like an angel. After she realised I was in so much pain she very kindly did a healing on me with her new technique. Two minutes later, I could completely bend my forefingers which by the way a week later they are still bending! She then focused on my legs and Sapristi, the miracles were on again. All pain disappeared. And with it came a sense of wellness which I hadn't felt since the injury as it had affected my whole being. Well I will be attending her BREAK THRU TO THE OTHER SIDE / GODDESS CODES training in Melbourne. This is miraculous work and I cannot thank el Ma Ra enough.

Rosemary Dan ~ Healer & Author ~ Sydney, NSW. May 2016.

MARK'S TESTIMONIAL

(10 day Soul Awakening Retreat)

The "WAKE UP & LIVE 10 day Soul Awakening Retreat; was a true "Awakening;. I have done many years of fantastic and helpful spiritual and personal development courses, but this was the most powerful, uplifting and profound ten days of my life. I feel like I have just sent my physical, mental and spiritual bodies to the dry cleaners and have come back with the original me", having had cleansed lifetimes of negativity, fear, sadness, guilt and karma removed from every cell and atom of my being. After a decade of trying, I have now healed my childhood wounds, that was the root cause of my limiting, self-sabotaging behaviours and feelings of lack of self-worth. Thank you! What I can't believe was how effortless and quick the process was to heal this! Since the course finished I feel a total sense of stillness and bliss within, while feeling centred and self-assured. At the same time I feel energy available to me and flowing through me that is so powerful, I know I can create whatever I choose. I feel totally empowered and ready to be a great leader to the 80 staff in my business! I now look to the future feeling prepared, positive and a sense of purpose. I am so excited about what's ahead!

Much love and thanks,

Mark ~ CEO ~ Melbourne, Australia.

WINTON'S TESTIMONIAL

(Spiritual Life Coaching & Healing Sessions)

el, as a practitioner of Acupuncture, Herbal Medicine and Qi Gong for 18 years, I came to you because no other practitioner including myself, no matter how experienced, seemed to be able to resolve the energetic blockage that existed in my right upper abdomen. Although originally sceptical about Spiritual Healing, our 1st session left me in no doubt as to your power and clarity as a healer, and removed all scepticism. Six months on, it almost defies me to express the phenomenal change that you have created within me. You have always made me feel safe, protected, supported and inspired, even in my most tender and vulnerable healing moments. I know that in future years I will look back at this time in my life as one of the most positive and pivotal times of change and for that I truly Thank You.

Winton Terry ~ Melbourne, Australia.

KIM'S TESTIMONIAL

(Gaia ONE Temple ~ DIVINE ENERGY TRANSMISSIONS ~ June 2015)

Wowzers, that was Awesome. There is no longer any confusion for me as to what it feels like to be Fully Connected to Source, to be One with Source.

Thank you Thank You Thank You el Ma Ra.

Kim ~ Canada

SONYA'S TESTIMONIAL

(WEBSITE HEALING ~ August 2015)

el Ma Ra thank you I came across your website and as I began to read, my room filled with the aroma of roses. I am so moved and am crying in remembrance of my Divinity, thank you.. I sense what a gift you are and hope one day that I can work with you... I trust in the unfolding.

Much gratitude

~ Sonya. NSW, Australia.

HOLLY'S TESTIMONIAL

(Gaia ONE Temple Community Member 2015)

Hello everyone, I just wanted to share a few things from this past week here in the group and I'll work backwards on the stories! I've been just a little busy with my 2 new kittens! This past Thursday I noticed the youngest one's left eye looked a little swollen in the a.m. and my son noticed it in the afternoon as well. That night, I did the "sharing" technique El taught us in the Q&A and by Friday morning, it was not swollen and both eyes had in fact opened by mid-day! I had already scheduled a trip to the Vet who gave them both a great bill of health! So, no issues with the eye! Last Sunday, I was playing some music which typically pulls at my heart strings while I was doing things around the house. I was thinking about all that has been happening with me and the program and especially the words from Charles Fillmore. I did already start "blessing" everything continually. As I did the blessings, I could feel the energy move out through each hand immediately. I said out loud "I got it" and started to laugh, with tears as well coming down my face from my closed eyes. I felt a "presence" with me and saw in my head 4 or 5 shapes standing in front of me and in a split second were hugging me, a spiritual hug. I felt so loved and happy in that moment words cannot describe it. And also, in that moment my ears popped open and I could hear completely normal and with no ringing or white noise going on. But of course after this precious experience my ears returned to their current condition. Sometime during the week I had this feeling in my head that it was empty. I could still think and calculate and remember things, but it just felt very vast. It felt like I was "re-set" as that was what came to my mind. It was a very strong sensation and I do feel the same now, just not in the same strength. Well that's all for now from last week, we'll see what the new week brings.

Thanks for taking a moment to read

~ Holly ~ California, USA

(Note from el Ma Ra ~ And that was just ONE WEEK in the Gaia ONE Temple!!! ~ GO HOLLY!)

DOREENS TESTIMONIAL

(Gaia ONE Temple Community Member 2015)

Loving all these abundance stories and I have one too I've been meaning to share as well... Last year I received a large inheritance that we were not expecting, but what we were expecting this year was a large tax payment for the money we received. My sisters and I estimated that we

would owe 30k each and we were all careful to save it for tax day which was a few days ago on the 15th. Well, when we first started the April abundance work with El, I asked Source if there was a way to avoid such a large tax burden then let go and forgot about it till I was doing our taxes and when I got done it showed I only owed \$4440 NOT 30k! I redid them 3 times and called my sister who prepared the settlement papers who confirmed I did it correctly even though her share came to 29k so then I called my other sister to see what hers came to. I've taught this sister who I am close with all about creating abundance so it did not surprise me when she told me her share of tax was half of our other sisters and both were shocked at my figure of \$4440 because our income is much higher than either of them so i should have owed more ... I could not explain why to them, I just grinned and said THANK YOU THANK YOU THANK YOU to the pure consciousness being of light I am for this blessing!
Doreen USA.

DR STEFAN'S TESTIMONIAL
(HANDS ON MIRACLE 1990) 4th May 1990.
TO WHOM IT MAY CONCERN
TESTIMONIAL

As a Doctor of Chiropractic and having studied the anatomical Sciences for more than five years, I had developed a scepticism towards "mystical" healing forces. As such, I would never have believed that I would be writing a testimonial for my now good friend el Ma Ra, who is undertaking a career in Holistic Healing. One year ago, I had been suffering with a painful and swollen knee for more than 2 years. Conservative and even Chiropractic care did not truly help me. el casually offered to treat my knee with her "hands-on-healing" and I accepted her offer. Within an hour and a half the swelling and pain had subsided greatly. Within a few days all the pain and swelling had gone. Vanished! It is now one year later and the problem has not reappeared, even though she recommended another session or two. To this day I am both amazed and grateful to el and do willingly & happily support any of her future ventures and do certainly recommend her "powers" to any persons with nagging or ongoing injuries, conditions or problems.

Yours sincerely,
SJ Dragicevich, D.C. NORTH PERTH ~ WESTERN AUSTRALIA

LEONIE'S TESTIMONIAL
(5th DIMENSION SPIRITUAL HEALER & TEACHER TRAINING ~ 2010)

It's hard to find the words to express my gratitude to you. It's also hard to describe the changes you have brought about in me. I view the world very differently now... that is a huge blessing... my world is full of blessings that I now take the time to be grateful for. I want for nothing in my life! I have all that I could ever want thanks to the things you have taught me. I thank you for facilitating the change in my relationship with the child I lost from one of guilt and anguish to one of love and happiness.... That is a gift that means more than words can express. From the bottom of my heart and with all my heart I thank you for coming into my life and helping me to face the things I didn't want to face& for gently encouraging me to grow when I didn't want to grow... for believing in me when I had little or no belief in myself & for allowing me to be myself and be loved for that person.... a sometimes angry, sometimes sad, sometimes happy, sometimes stubborn person and no matter how I presented on any given day, you loved me unconditionally and very gently & lovingly encouraged me to do that for myself... to be all I can

be. I still have a way to go with that... But I am now well on my way & I know that I create my future... its all in my heart. God sent me the greatest gift in 2010 & it came in the form of YOU! Love you lots, THANK YOU, THANK YOU, THANK YOU.

Leonie ~ Melbourne ~ AUSTRALIA

HOLLY'S TESTIMONIAL

(4 year old LIGAMENT HEALING for DOG Maggie IN 5 DAYS~ NOVEMBER 2014)

I think you healed my dog inadvertently! Everyday my dog is with me when I do the Telomere Breathing and your new God Blast and Abundance Activation listening to the recordings by my side. She is a Lab and now 11 years old. She still looks good and overall health is good.

However, she has pulled a ligament in her knee on one of her back legs. We are careful with her and she is cautious while healing and then she is better after a while. With the cost of surgery here in US running from \$2,500- \$5,000 I have not yet been able to have that done for her. But being the fun-loving family dog that she is, it usually gets re-injured. This has been going on for about 4 years at least now. So today to my surprise, she just jumped in the car without any hesitation! She got out fine without any help too! She was very happy today much like her younger days. She even jumped on my sofa and was snoozing (when I wasn't looking) and I haven't seen her do that in a very long long time! I chatted with her when I noticed it and the immediate thought came to mind was she was healed from listening to you and receiving the Divine Energy! Thank you ever so much for yet another miracle! Xxoxo

Much Love to you El

~ Holly Miller & Maggie CALIFORNIA USA. & MUCH LOVE TO YOU HOLLY & MAGGIE

Animals always heal much faster as they do not have an EGO that says this is a load of rubbish. To View Holly's post on facebook please click here: [https://www.facebook.com/Miss.elMaRa/photos/a.487313484742968.1073741828.486995508108099/488483494625967/?ty](https://www.facebook.com/Miss.elMaRa/photos/a.487313484742968.1073741828.486995508108099/488483494625967/?type=1&theater)

DOREEN'S TESTIMONIAL

(Rejuvenation & Soul Awakening Retreat, August 2011)

I attended this retreat to reconnect to my own JOY & to find "me" again after life & all it's stresses found a way to disconnect me. I learnt that I am a magnificent Being of Light and I have everything I need right here inside of me as long as I stay connected to Source & commit time everyday to nurturing that connection. I found the retreat personally challenging & knew that if I could stay focused & let go of what I "thought it should be," I would grow exponentially! - Which I did!! :) I want to thank you el for being 'real' & and for teaching from your heart at all times. And for making sure that we did not let our ego stop us from reconnecting with our souls. This has certainly been the most unconventional workshop I have attended but perhaps the one that will make all the difference to my life moving forward.

xox Doreen xox Melbourne ~ Australia.

ROBS TESTIMONIAL

(SPIRITUAL HEALING for DOG Junior ~ July 2014)

My Earth Angel El Ma Ra, is a true miracle worker. For over six months now I have been patiently waiting to share a miracle story with you all. That time has come, so here it goes. I have a seven year old cocker spaniel that normally has 3-4 seizures a year. As heart wrenching as they

are, cocker breeds are prone to seizures. My vet advised me that as he gets older and if the seizures get more frequent, there is medication available for it. The first 5 weeks in 2014 my pup had six violent seizures and I got quite concerned. It wasn't normal like in previous years and I immediately contacted my friend El Ma Ra. Also, last October my mother passed away. All my life I have always knew that when my mom would pass I would have a really hard time dealing with it. I never loved anyone on this planet more than my mother. She was everything to me. El Ma Ra worked with me through my loss and what was once imagined to be the worse time of my life, turned out to be 90% easier than previously thought. Going back to my pup, by then I had 100% faith in El Ma Ra's healing capabilities and eagerly accepted her help for the seizures. Mind you, I refrain from all expectations in life because being disappointed sucks. Having said that, what I DIDN'T expect was an all out, full blown, lifetime cure but that is exactly what I got. I have been with my dog 24/7 for the last six months and I know for a fact that he has not had one seizure. I am forever blessed and so grateful to know such an incredible friend and natural healer. And for that, I am infinitely indebted to the Universe. May God bless and keep her forever. I love you mucho!!!!!!

Rob Jasko ~ Michigan ~ USA

Junior Jasko was healed through a photo! To view Rob's Testimonial on facebook ~ please click here; <https://www.facebook.com/photo.php?fbid=600591483387456&set=a.120428094737133.23173.100003098298719&type=1&theater>

ROSIES TESTIMONIAL

(GOD BLAST ~ May 2014)

Thank you for the Healing GOD Blast. All the "things" on my skin just dropped off ~ especially on my nose. And all the pain in my tummy is gone. Fantastic
~ LOVE YOU el xxx Rosemary ~ Author Healer Teacher for 18+ years. SYDNEY ~Australia.

DORENE'S TESTIMONIAL

(SPIRITUAL INTENSIVE ~ May 2014)

Joyous Greetings El Ma Ra!! I wanted to express my deepest gratitude for the live Christ Consciousness activation you offered, That was the most amazing experience I've had in a meditation/activation EVER and I do a lot of activation's as a Master Activator myself! BRAVO SISTER!!! Thank you again for the beautiful and utterly powerful activation, I feel so alive and in tune with EVERYTHING!! Big heart hugs!!! ((^v^)) Sending You Love & Light ~ Dorene
`*,.*´ Energy Healing | Sacred Activations | Self Empowerment Coach FLORIDA USA.

DR JOHN'S TESTIMONIAL

(BLOCKS TO BLISS ACTIVATION ~ APRIL 2014) Thanks again el ~ I am feeling so much better. You are a true healer & friend. God bless you.

Dr John ~ Chiropractor ~ New South Wales.

DR BARBARA'S TESTIMONIAL

(GLO SPIRITUAL INTENSIVE ~ April 2013)

The connection to spirit was in my body quite obvious, my whole body was tingling all over and I was crying for about 10 minutes and at the end of my crying I started laughing and then I was fine and now I feel GREAT. I think it is interesting to feel spirit for the first time. I was aware of

spirit being in me and it kind of overwhelmed me in a good way. It was a VERY POWERFUL experience to be connected to spirit .. unique ... I didn't expect this to happen on the first webinar, but it did.

LOVE, LOVE, LOVE,
Dr Barbara California ~ USA.

ROSIE'S TESTIMONIAL

(SACRED LIGHT TRANSMISSIONS ~ April 2014)

Sacred Light Transmissions are coming to an end. Wow where is the time gone. Its been a blast (mind you a lot of the times, i can't remember much of it. As I called them I was transported to places where I don't even know. The muscle testing and the cord cutting amazing. Now I just do it like I would do brushing my teeth. I have had hiccups with computers and the IPHONE is now DEAD. I have felt a lot better even when I went through another hiccup with my long standing saga of broken ankle I didn't even flinch. I am not wanting to hang out in the place of where everything is difficult but come from a higher place of love. El Ma Ra knows as I have done some work with her privately and my fiancé Paolo had 3 strokes 5 years ago this coming month and has aphasia (can't speak) and epilepsy. Paolo has had the Sacred Light Transmissions been played in the background and I have noticed a huge difference with him. He is more engaging and he is saying more words. My lovely fiancé was an engineer designing specialised body parts for McLarens and other top end cars before his strokes. Last week for the first time in 5 years Paolo attended a school where they teach people who have strokes and epilepsy do things like computers, art, wood working etc. He is now doing wood working and he used a drill for the first time. His face tells a picture of pure joy. This has been such a joy for me. I also learnt that I AM THE ONLY PERSON WHO CAN LOVE ME - Like El Ma Ra has said all along. Thank you el Ma Ra for this lovely program.

Rosie ENGLAND UK

SUE'S TESTIMONIAL

(Distance MIRACLE ~ July 2012)

Oh GOD ~ On Saturday night my Mother was taken to hospital suddenly with symptoms of slurred speech, disorientation, arm weakness etc & it was thought she may had a stroke. On Sunday I rang el Ma Ra to see if there was anything she could do. She suggested a Distance healing since Mum was in Brisbane & el in Melbourne & asked for her full name & Date of Birth. el told me Sunday night she had sent through 3 x 20 minute Distance healings. On Monday when I went to visit, my mother was back to normal. No symptoms at all & Doctors are baffled as to what had happened! Thank you so much el ~ your work continues to amaze me & teach me so much. I am so, so grateful for your healing work & for all you did for Mum ~

THANK YOU, THANK YOU, THANK YOU

~ Sue. Brisbane ~ Australia.

MARK'S TESTIMONIAL

(SACRED LIGHT TRANSMISSIONS ~ September 2013)

Wow, Over the last two weeks, but more specifically the last five days I have had the darkest, oldest and scariest stuff come up to the surface to be healed, what a ride! Thanks el, this is what I signed up for. I am not here just to bliss out 22 minutes a day. I do like to bliss out, but I want to bliss out as a result of clearing my darkest resistance that I have had enough of carrying around.

Is the stuff that is coming up for you all feel familiar? or feel like a repeated pattern? For me what has been coming up had its origins when I was a small child! From recent comments by other members of the group it seems I am not alone in having old stuff and stuff that has been long resisted be triggered and come up for healing. I say THANKS and BRING IT ON!!!!. Not that I enjoy going through it, but I absolutely love getting past it and feeling the bliss that follows! So I would like to say to you el, thank you for your strength and power in helping me bring to the surface the stuff that I have been trying to clear all my life. To the group I would like to give my view; keep going, keep taking responsibility for what is coming to the surface as your own reaction/experience that you had previously created and are ready to transmute and move past... Don't stop until you feel the "Bliss" love
Mark ~ MELBOURNE AUSTRALIA.

FIONA'S TESTIMONIAL

(Soul Awakening 19 week Training ~ Feb/Aug 2012)

I have just completed the 19 week Soul Awakening Training course with el Ma Ra. I started the course to find a deeper spiritual connection and address lots of issues in my life which had been really getting me down. I had been doing Spiritual work for 20+years. I was having lots of trouble with my son with his behaviour, his temper, issues at school and even with the police and he was only 9!!!!. This had been going on for several years. I think looking back I was chronically stressed, worried and heartbroken, unsure what to do as I had tried everything I could think of. I was also chronically tired (no real surprise there) and had unresolved "stuff" from a bad/sad marriage break up..... sound familiar to anyone?..... I think I had also lost my faith which had always been a big part of my life. I had one single phone session with el prior to the course and had noticed a distinct improvement in my anxiety levels, I found the exercises/techniques she uses very simple and powerful. So I completed the course and must say the results are really fabulous. Today writing this I can honestly say I feel happy, centred and very peaceful in this present moment in a great life. I have shed so many layers of "stuff" and feel a renewed person. My relationship with my son is amazing, I feel clear about boundaries, tough and then very tender love which has helped him (and me) immensely. The importance of a daily sacred meditation connection ritual is very clear to me - it keeps me open, loving and ready to live the very beautiful life I have. I could not imagine a more lucky and beautiful life than I have now - but nothing has changed except myself!!! Thanks so much el. If you are serious about wanting to change your life I think el is an excellent, safe and loving person to do it with.

With love and blessings,

Fiona, Melbourne ~ Australia.

CHRISTINA MARIA'S TESTIMONIAL

(SACRED LIGHT TRANSMISSIONS ~ September 2013)

Thank your dear el Ma Ra for the wonderful closing ceremony and transmission, the energy was so powerful! I couldn't find my micro to give my feedback, and I also would have probably been too sleepy to give one as in my time zone it was still in the middle of the night. It's amazing, your energy wake up worked out almost every night and I could attend almost each transmission live which was just perfect for me. When I called in the transmissions later during day time they were very powerful too, though I enjoyed to experience it live whenever possible. The 22 days have been a truly beautiful and also very powerful experience for me and it completed and boosted my awakening process in an amazing way. A missing piece was accomplished and I feel much more

connected to my power. This really feels great and it has a great impact on my daily life! All in all I feel deep peace and love and joy, I AM peace and love and joy. Thank you thank you thank you to dearest el Ma Ra and to our beautiful group, being connected and ONE with all of you felt just awesome!

Christina Maria ~ Teacher/Healer ~ CHILE

VERA'S TESTIMONIAL

(SACRED LIGHT TRANSMISSIONS ~ September 2013)

Infinite Love and Blessings... Am Feeling these Transmission IN HUGE WAYS... Especially This morning... Seeing So Much Clearer... 3 and 4th eye are now wide open and have been seeing a lot of symbols in bright lights...also took a trip through the Heavens... Very Powerful moment for me... Kept hearing ~~~HOME~~~ Have Been Journeying to so many Dimensional places... For me these transmissions were never about money or life choices... It was ALL about Going Higher/ Deeper... Don't know how to THANK YOU... Love You El... You are Truly Heaven Sent and An Angel Of Pure LOVE... Muahhhhhh

~ Vera Iocco ~ ARIZONA USA

CHRISTINA'S TESTIMONIAL

(SACRED LIGHT TRANSMISSIONS ~ September 2013)

I emailed previously to let you know that unfortunately I won't be able to make the closing ceremony and just thank you again for the beautiful light transmissions. If I was on the call I would just say that life has been 'easy'... and when so called problems arise I generally just breath and smile and get excited knowing that whatever the so called problem is, is meant to be and everything is perfect as it is. So that is a major shift just learning to be. I have been performing in a trio and the 'fears' i used to have about singing solo in public (because I don't sound as good as others, not good enough!!!) just isn't there. My voice is gorgeous and I am becoming more aware of the healing I am providing with music. The guitarist in our group said 'he was impressed with my beautiful voice, how clear and bright with a distinctive original tone!' ha ha yeah And it is all about not being afraid of my voice and speaking up/speaking my mind My intuition is really kicking in now as well as I am not living in so much fear (and in my head) so I have space to listen and receive. So that's pretty nifty!

Thank you again love and smiles

Christina ~INNISFAIL ~ QUEENSLAND AUSTRALIA

MICHELLE & ANDREW'S TESTIMONIAL

(SACRED LIGHT TRANSMISSIONS ~ September 2013)

Beautiful el, Thank, you, thank you, thank you for such a beautiful life changing few weeks. During this life I realise, looking back I have spent most of it searching for 'truth' - the answer to why I was here - Mostly through the church and later through a variety of spiritual learning such as Reiki, Yoga, reading everything I could get my hands on and exposure to alternative spiritual teachers. Something was always missing though, I couldn't seem to let go of the mind and just live in peace - in spirit. In the last 12 months I have found this peace - this connection to spirit and no more profoundly than through the sacred light transmission process - it has taken me to a different level, a wonderful one. A deeper more connected level of peace was available, and when I became aware of it and accepted it, it hasn't stopped flowing. I have been flying for weeks, feeling truly blessed. I have cleared some really old baggage and started to understand

why I am here on this beautiful planet. My desire to blindly please everyone around me has been released and I have found my voice. I have realised my life long dream to serve humanity and how I can move forward with it. I have been connecting with people in a way that is synchronistic and profound - opportunities to talk with people about awakening to their divine, perfect, beautiful nature are presenting themselves and this is one of the most joyful aspects of the change. Mostly, I have realised that I am solely responsible for my own happiness. Instead of looking for it in others I know now that it comes from within, from my connection to spirit. This realisation is opening doors of opportunity for me in ways I hadn't forecast. I now look forward to everyday ahead to understand what it has to teach me, and to find out how I can help others. Thank you for sharing this incredible gift of yours, you really are an Angel and I feel so privileged and blessed to have met you. Love love love Michelle ~ Canberra Australia. el, My Journey in the last few weeks has been quite profound. Having spent 5 years clearing old stuff out, my awakening arrived some 12 months ago. However the last few weeks has provided a clarity that I hadn't previously achieved.....nor expected. My understanding of the conscience "One" connection to all living things has developed into a strong knowing, bringing with it the much needed catalyst to solidify many past beliefs, assumptions and desires. My creative visualisation abilities has reached new unexpected heights, and my Clair cognizance has become profoundly stronger. But what I didn't expect was the release of many blockages to my clairaudience I have been experiencing what I can only describe as "Angel song" appearing at strangely unexpected times, in strange locations. In the car, at the supermarket and at home. It is loud, and very real, as has even been experienced by my two young boys. None of us can make sense of where it is coming from.....but it has brought us closer by it's very presence. But it is very, very beautiful. A resounding set of tones that are unique and not like anything I have ever heard before. Truly divine. But for me, the most beautiful thing that could have possibly come from all of this was the undeniable positive effects it has had on my relationship with Michelle. Doing this together has brought us closer together than we thought possible, and helped us understand why we are here and why we are here together with Mother Earth. The messages and synchronistic events have been inclusive of both of us, as a single force, connected for the greater good. They are powerful message, heard by both of us for the first time and it is truly a blessing. We look forward to future programs of yours and working with you to help humanity wake up to their own divine purpose on this world. Thank you, thank you, thank you. I have no doubt that you are an Angel of Light.

Namaste.....

your friend Andrew ~ CANBERRA ~ AUSTRALIA

PAULINE'S TESTIMONIAL

(SACRED LIGHT TRANSMISSIONS ~ September 2013)

Hi Gorgeous El Ma Ra, I have been doing the Transmissions and loving them. I have a full house at the moment, with Dolphin and Whale friends from overseas and some from Melbourne and Byron Bay. we just got back home and I realised I left my page on. Loving the Energy, I asked my higher self to link to the Energy even when I am out and I feel it. Thank you for everything ~ Pauline ~ Hervey Bay ~ QUEENSLAND AUSTRALIA.

JILLIAN'S TESTIMONIAL

(Spiritual Healing 1990)

May 1990.

TO WHOM IT MAY CONCERN

This letter is a testimonial stating that I believe that the work being performed by Miss el Ma Ra to be a beneficial and important consideration in the treatment of illness, injury or disease. As a Registered Nurse I have worked extensively with conservative forms of health care and I believe that there is a place for Spiritual Healers amongst traditional medicine. As an active sports person and member of an Australian sporting team I have personally experienced and benefited from therapy from Miss el Ma Ra. Indeed so have other members of our men's squad who have had recurrent ailments that have not been able to be assisted by traditional forms of care. It is my belief that Miss el Ma Ra is a gifted individual who does not promise miracle cures but has had considerable success with individuals seeking an alternate method of dealing with their health care. She is always professional and considerate and does not attempt to "convert" people to her beliefs. Until recently, she always offered her gift free of charge and it has been through the encouragement of her "patients" that she has left a secure & highly paid job to assist people on a full time basis. I wish her every success and would be happy to speak with anyone seeking further information.

Yours sincerely

Jillian Thomson

Registered Nurse

NORTH PERTH ~ WESTERN AUSTRALIA.

(Yes that is 1990 ~ This was my 2nd Testimonial ever received! You can tell because that is how things were worded back then ~ TO WHOM IT MAY CONCERN!!!!)

BRAD'S TESTIMONIAL

(Soul Awakening 19 week Training ~ Feb/Aug 2012)

"After trying to connect to my Soul for nearly 2 years, I can now connect into my Souls Magnificence within minutes & I don't even need to use your recordings anymore el. Wow - all this after just 5 weeks -

Thank you so much

~ Brad Melbourne ~ Australia."

SALLY'S TESTIMONIAL

(Divine Heart Drop Blessings ~ November 2011)

I live in England with my partner. He had 3 strokes 3 weeks apart more than 3 years ago and had been unable to speak more than a word at a time or do anything for most of the last 3 years despite seeing a Speech therapist & Specialist every month. After listening to a Heart & Body MP3 Healing Meditation by el Ma Ra (who lives in Australia) ONLY SEVERAL TIMES over several weeks & receiving the FREE DIVINE HEART DROP BLESSING each week, he woke up last week & shocked me by asking for a drink. Then later that day, he worked out how to put a load of washing on & pegged it on the line. He then took it all off & folded it up. Finally he made his favourite pasta sauce for his flatmates dinner. This was more than he had done in the whole past 3 years!! He made me cry!!"

~ Sally ~ ENGLAND

RUTH'S TESTIMONIAL

(Spiritual Life Coaching ~ May/June 2012)

Dear el, I first came to you to find out more about spirituality, seeking guidance in this area. Who knew that we end up working on my anger; which I thought I've dealt with when I finalized my divorce more than 2 years ago. What a beautiful soul you are - patiently you helped me find the source of my pain and later on helped me to slowly, slowly let go. We also worked on other areas inside of me. I was very comfortable and felt at ease with you because you were just there for me. No judgement whatsoever. Like a spiritual mother and a best friend, you were there for me. After each session I feel stronger and balanced. After a couple of session people around me started to notice there's something different about me; but they just can't seem to say what it is, like there's a light in me; they all want to be close to me - close to the light. You've had helped me one step closer to remembering the powerful being that we truly are. I can never say thank you enough. I am really really looking forward to our next session.

Love, love, love, Namaste ~

Ruth (Thailand) x x x

KAREN'S TESTIMONIAL

(Spiritual life Coaching/Healing USA ~ March 2012)

I absolutely LOVED our session and I never do "Gentle"!! :) so perfect for me! I needed to plow through some of my issues to be my magnificence self so you came with a strong energy force supporting me.....and you got me there! And I really didn't even feel it was loud, just a powerful energy. I feel stronger, more grounded and clear on my mission of healing through art. I am completing the painting of Sekhmet so very appropriate and also feel Kali around, so even more appropriate for me!..... Feel like I am finally saying, "I honor and respect myself fully and reflect the same back to me so don't mess with me anymore"! and its not gentle!! I haven't actually started any of the new work but feel it coming to me, being set in motion..... Also beginning the new web site and some new ancient skulls coming my way holding star system energy and home planet for me. I think there will be a new series of images and Language of the stars.....so all perfect and wonderful!! At an expo last weekend I sold a ton of new images. SO YES, the poverty consciousness is GONE!!

Thank you for your love and support!

Karen (New Jersey, America)

JULIA'S TESTIMONIAL

(Spiritual Life Coaching ~ Feb 2012)

God, you are amazing el ~ I feel better already after just speaking to you for 5 minutes to book my appointment. Thank you so much ~ can't wait for my appointment now.

Thank you,

Julia ~ Melbourne, Australia.

TARAN'S TESTIMONIAL

(Spiritual Healing, June 2011)

Hi el Ma Ra I want to tell you that what you did for me I will never, never forget. You are a blessed & wonderful lady. I have suffered with depression & self hatred all of my life (50 years). I feel so much better now. Thank you from the bottom of my heart for all your help. I will call again soon, thank you el.

Taran ~ Melbourne ~ Australia.

FIONA'S TESTIMONIAL

(Spiritual Healing, July 2011)

Hi el, Thanks so much for your great session yesterday. I learnt and experienced soooooo much. I have had lots of breakthroughs, it feels like "it all makes sense". The exercises are fantastic, they feel so good to do. Thanks also for the instructions sheets they are very helpful. I hope your retreat is great.

Love and Light,

Fiona ~ Melbourne, Australia.

LISA'S TESTIMONIAL

(Spiritual Healing, July 2011)

Hi el, Thanks for an inspirational newsletter. Just reading it makes me feel comforted. Since my healing I feel so at peace. I'm not stressing about the future but rather looking forward to it. Yes anything is possible. An immediate change has been my relationship with my mother. I have so much more tolerance and love for her. THANK YOU. I'll let you know if I need another healing if you have the time. el you are such a special person, thank you.

Have a lovely week, Much appreciation,

Lisa ~ Melbourne, Australia.

PAULA'S TESTIMONIAL

(Spiritual Healing, June 2011)

Good morning el, Thank you again for my healing last night, I feel amazing today.....About to have a nap as I just got home from dance classes!! Thank you again el.. YOU ARE AMAZING :)
Paula xoxo ~ Melbourne, Australia.

BILL'S TESTIMONIAL

(Spiritual Healing by phone, June 2011)

This text message arrived the NEXT DAY AFTER Bill's powerful Phone Spiritual Healing; Thank you for the emails. I've noticed something today. I was watching TV & I could actually feel the connection between two people in a real life documentary. It felt like my heart opened up. Then I listened to Mark Romero and my heart just started to pound and I could feel all this energy in my chest. Thank you el And this text the day after (just 2 days after Bills healing). Morning el, feeling relaxed & calm today. The grounding meditation really worked. Thanks again. Thought I'd just let you know I did the 5th Dimension meditations this morning and for the first time ever I could see a strong beam of light shooting out from my heart & higher heart. I think it is because I am so still and calm that I feel a little strange - normally I am used to my mind being all over the place... Thank you again el. (Bill had been trying to meditate unsuccessfully for years to calm his mind. Within one 2 hour appointment by phone Bill was able to connect to his own soul through the 5th Dimension.....wow..... Proof that people all over the world are waking up if they choose to!!)

Bill ~ Melbourne, Australia.

SHARON'S TESTIMONIAL

(Spiritual Healing, May 2011)

Thank you so much el for everything you have done for me & my family. My daughter is now completely healed & living a healthy life after many days in hospital & doctors telling her they

could not find anything the matter with her despite the fact that she could visibly not walk or talk. I myself feel free of depression for the first time in years & years and a fungal condition I have had for more than 10 years has just cleared up. And my relationship with my hubby is just so wonderful & there is so much love & joy in our home now. Thank you so much el for all the love & healing you have given to our family and we feel truly blessed to have met you & been able to do this healing with you.

May GOD bless you always

Sharon ~ Melbourne, Australia.

SARA'S TESTIMONIAL

(Wake up & Live 10 Day Soul Awakening Retreat ~ July 2010)

Hi el, I went to Dad's farm to take photos for their website on the weekend. When I arrived 4 lambs were struggling to live – 1 was nearly unconscious. I asked Dad if I could give them a healing & he said do whatever you can but everyone was sure they were going to die. So I began doing the G.L.O. chants (while rounding up sheep & doing other things on the farm) for about 2 hours until I felt a shift. Then 2 of the lambs stood up! And 3 began to feed from a bottle! The unconscious 1 had a brother that was stronger than her but he had died before I got there but at 5am she was standing & feeding too. Dad is so happy & he can't believe they are all alive & strong! It was so powerful for me to realise exactly what you have given us on our Soul Awakening 10 day Retreat. You are the real deal el!

Thankyou, Thankyou, Thankyou,

Sara

ANNA'S TESTIMONIAL

(Wake up & Live 10 Day Soul Awakening Retreat ~ July 2010)

Hi el, I am not a braver person than you at all. Listen to this story. I have been asking spirit for a number of things - to lose weight, to have some time off work, to make some time to go and see you and learn more about spiritual healing, to become a better horse trainer, etc. The list is endless really. And I always kept asking him for a really obvious sign, because I kept claiming that I don't get the subtle signs. So spirit organised it - he gave me cancer. Cancer has answered all my requests, and more. For me, it has never been a "terrible" experience. It has just been one of very deep inner learning. Something that I'd actually been yearning for, but not realising it. One thing that cancer and your spiritual learning have taught me, is to listen to those more subtle signs that spirit sends me. Because of course, I don't really want to go through another cancer experience. And the most important factor is - that I am thankful for your 10 day retreat, as it has finally brought me up to a level where I can talk to spirit like this and understand him. It's truly a miracle.

Love you el! Thank you! God bless!

Anna

FIONA'S TESTIMONIAL

(Spiritual Life Coaching)

Hi el! I have been doing the meditation and chants and I am starting to feel more energy every time...and a sense of calm.. Also, no sooner had I printed the new price list for my massage, I got a booking for one....thank you! and I also had two in one night! Just one thing, I can't

remember exactly the connecting into mother earths chakras, is this in the DVD? Thank you for sharing your gifts with me

Love,
Fiona

LEONYS TESTIMONIAL

(One Day Spiritual Life Coaching Session)

Hello el Apologies I haven't made another time to call you since our session a few weeks ago now. It sounds like you & your students had a wonderful time at your 10 day course.. I just wanted to let you know that I am feeling really well. My right eye, after many years of discomfort is now completely fine and the tightness in my neck has reduced so much that it now doesn't cause me any discomfort either. So I didn't need to make any appointments to see eye or throat specialists after all. I am really grateful for the day we spent together el & I have been doing those meditations as you suggested. Is it OK if I change some of the words – what do you think?? Are you having any meditation nights soon?? I would love to come.

Love to you el,
Leony

ZONIA'S TESTIMONIAL

(One day Spiritual Life Coaching Session)

Hi el, Thank you for your email. I have memorized the 'I am a Being of God, I am Light' chant :) As for now, I'm doing good. When I left the workshop last Monday I felt such lightness and peace of mind.. when I caught the tram home I remember a guy sat across from me and I could feel a subtle energy (could've been negative not quite sure.. as I had a little trouble breathing. if that makes any sense..) I woke up around 430am that morning and thought about the workshop, I felt safe and at peace in your presence... for a moment a feeling of homesick went through me, if that makes any sense.. I've been doing the morning and night prayers, and the basic 5th dimension breathing techniques. A little confused with step 4 but I'm sure it will come naturally in time. Overall, I'm still trying to take it in as I go...still learning more each time. Something even interesting happened two nights ago when I researched something in google. I got a tattoo on my right forearm 5yrs ago which I thought meant 'free-spirit' (not knowing anything about spirituality) and didn't realise the one I got had a more sacred meaning. Once again, thank you for your presence and it was definitely worth my money :) Hope you enjoy your upcoming 10 day retreat. I'll keep in touch and look forward to hearing more from you

Kind regards,
Zonia xxx

PREENA'S TESTIMONIAL

~ 2010

Hi el I just wanted to share this with you. The guy asked me out on another date! I can feel changes with me & my life ever since I started the course & I know it's because of the chants. I went from feeling like I have nothing to live for to living in the now & savouring every moment - good or bad. THANK YOU, THANK YOU, THANK YOU. I am even more comfortable giving hugs & expressing myself which I am sure you have observed. Big hugs, lots of love. You are a true angel to me.

Preena ~ One Year Spiritual Healer Training.

TARA'S TESTIMONIAL ~ 2009

Because of you el I don't need a psychic to help me anymore - I just have to go within! That's an incredible gift most people long to have! The money you charge is so worth it. You only have to pay it once and it's life changing.....

Thank you so much,
Tara.

LISA'S TESTIMONIAL 2009 ~ 5TH Dimension Teacher Training.

Hello el my lovely gorgeous woman, I thought it was about time to send you a testimonial so I'm able to express to you how infinitely grateful I am to have found you. el you have been an inspiration and a truly amazing teacher and friend. I never had someone to look up to, besides my wonderful sister and now I have you, you mean the world to me and I can only thank you by devoting my life to helping as many people as possible with the 5th dimension and of course my other loves crystals, jewelery and art. I honestly never thought I would find a way to live that was constantly filled with joy and love, el you showed me the way and I would happily be there for you always in this and what other lives we share as I feel our soul connection is beyond this realm.

Luv You el with my heart and soul...

Lisa xxx

(5th Dimension Spiritual Teacher & Healer Training)

VIVIEN'S TESTIMONIAL

~ 2009 5th Dimension Training

I loved the 5th Dimension course content- the intimacy of the group & working with the group energy/interactions; expanding my awareness. I loved the location & the beautiful energy of the temple. I loved el's humour and style of teaching. I valued the support network of the group and the opportunity to integrate knowledge with monthly meditation network. I will use the 5th Dimension to further build my vibration & protect my energy; break down limitations of the ego; continue to develop ONENESS Consciousness and connect with my higher purpose & integrate my Divine gifts to bring about 5th dimensional changes. I have learnt to increase my vibration, connect more with my higher truth and purpose. Many miracles have occurred and continue to unfold in my life. I valued the course notes throughout the training to assist to integrate knowledge & skills. Thank you el for pushing me to be in my power & speak my truth. Thank you for your Divine inspiration & assisting me to lead an empowered and fulfilling life through the 5th Dimension training.

Thank you,

Vivien (recently completed the 2009 ~ 5th Dimension Spiritual Healer & Teacher Training)

SUSIES TESTIMONIAL

~ 2009, 5th Dimension Teacher Training.

I am very grateful for all you taught me & for giving me the wisdom & tools to heal myself & live a life full of love & abundance. We bought our new home in my dream street, that I said that I would live in one day. It's in Canterbury and in a magical street, as it's lined with 100 year old elm trees that form a canopy or archway down the street. I had the street on my vision board for the past 18 months and I also wanted a home with a pool for us to enjoy over summer. Though

our settlement is 9th April 2010, we have organised a lease agreement that enables us to get into the house on 4th January and rent it until our settlement day. So where I couldn't see my desire of having a home in time for summer with a pool, has now manifested in an unexpected way. Don't you love the way the universe delivers what they know is for our highest good, though on their terms or in Divine timing. Not only that we got the house cheaper than the owners paid for it 2 1/2 years ago. They are either separating or have fallen into financial difficulties. Unfortunate for them and I've sent them my blessings. I'm looking forward to clearing and healing the home and land. From all this experience, I've realised that I can manifest whatever I desire, combining all the tools I have attained from your lovely self and other mentors during my life. I now wish to do some spiritual life coaching, healing and conducting workshops to show others how to heal and live the life they desire.....

Susie ~ One Year 5th Dimension Spiritual Teacher & Healer Training.

SARA'S TESTIMONIAL ~ 2009 ~ 5th Dimension Training.

It's funny, I never wanted to teach before I started el's course and now I fear it will be a dream shattered. el Ma Ra, you are awesome. I look up to you as the kind of person I want to be. You give me courage & strength & I learn so much from you every day I am with you.....

Sara

TONY'S TESTIMONIAL ~ 2009 ~ 5th Dimension Training.

el Ma Ra, your generosity of Spirit, your caring nature is bringing hope & filling the world with Light where once there was darkness. Your contribution to the world and the people is immeasurable. We have to thank God for your existence in the world. Know that your efforts are bringing the world to a better place. God Bless.....

Tony.

SARA'S TESTIMONIAL

~ 2009 ~ 5 th Dimension Training.

Dear el,

Thank you for a year of blessings, for your incredible support & generosity when Mandell was sick and for being a great mentor, friend & teacher. A lot of my anxiety in life can be attributed to not feeling in control of my life & that I wouldn't be able to fulfil my dreams. However now I feel so in control of my life and I realise I really do create my own reality, which is such a liberating feeling – thanks to you. May you have a great time in India, find what your soul is looking for & keep pushing people out of their comfort zone.

Love

Sara .

WINT'S TESTIMONIAL

~ 2009 ~ 5th Dimension Training.

Helping people awaken to their infinite potential is a very special gift you have el.....

Wint

LUCY'S TESTIMONIAL

~ 2009 ~ 5th Dimension Training.

Everything they say about you on your website el is true & much more. And you are so unbelievably practical & down-to-earth. I am looking forward to Spirits continual unfolding and I got a lot of information from the training course which I am excited about using and exploring further. Thank you for all the work & effort you put in to teach us all this stuff. And I look forward to sharing my experiences with you.

Love & blessings

Lucy

CHRIS'S TESTIMONIAL

~ 2009 ~ 5 th Dimension Training.

On Sunday night after a very powerful weekend doing the 5th Dimension Healers course, I spent 1 & 1/2 hours talking with God when I got home. I asked GOD to clearly show me what to I need to do to continue the healing process and what is holding me back. Lots was cleared that weekend, but there was still more for ME to do. I now know what I must do. Just speak my truth. I brought a massage table, and NT pages rang me back for an ad. So it is all starting to flow again and feels right. I am so grateful for the work you do and the healing you have brought me el. So very grateful. What an amazing soul you are. In my long spiritual walk, I have never met anyone that gives so much of themselves to others like you do. And for you to continue the healing process days after the course has finished is a testament to you. You are truly an inspiration to live up to.

Thanks again,

Chris

ELYSE'S TESTIMONIAL

~ 2009 ~ 5 th Dimension Training.

I am so grateful to be guided to the amazing, gifted teacher that is el. Her Patience & willingness to give & love has restored faith in myself & humanity. Thank you. I am thrilled to begin a meaningful, purposeful existence by integrating the 5th Dimension breathing & living into my life. I had hoped & hoped to be guided to my own guides & the feeling that has given me is indescribable – well bliss! Thank you el, I can't think of the last time I was so blissful & content with myself and my journey.

Thank you, Thank you.

Elyse, Naturopath student. November, 2009

NICHOLAS'S TESTIMONIAL

~ 2009 ~ 5th Dimension Training.

This was such an amazing journey & everything that was involved with this life training was empowering. To me the only thing I did not like was when it was time to finish & go home after such a fantastic weekend.

NICHOLAS - Business Owner. October 2009

LUCYS TESTIMONIAL

~ 2009 ~ 5th Dimension Training.

There was many aspects of this training that I loved - Soul Dance, 5th Dimension Meditation, Brazilian Toe Massage etc etc. The training met my expectations of learning more about healing & working with Spirit & I would not change anything about this course.

LUCY - Healer & Reiki Practitioner. October, 2009

LYDIA'S TESTIMONIAL

~ 2009 ~ 5th Dimension Training.

I was so scared to start this training, but I loved everything about the course. It met far more than my expectations. I loved being with people whom I shared a Spiritual connection with. I loved feeling of being at one with my Soul & I loved meeting my guide. I look forward to many, many more profound enlightened days in my new Spiritual Self & Soul.....

Thank you, Thank you, Thank you.

LYDIA.... Corporate Executive September, 2009

CHRIS'S TESTIMONIAL

~ 2009 ~ 5th Dimension Training. Thanks for the weekend course el. It was awesome. I loved connecting with the energy and working with the 5th Dimension energy. Also the healing work was fantastic. el you are a great Teacher – honest & down to earth. Thank you. My daughter said tonight after not seeing me for a few days, you are taller. I guess my body is in alignment. That's cool. Got a lot of info last night from the guides. This is awesome. Thank you, you have answered my dreams. Next healing course bring that on too.

Take care el,

CHRIS.... Reiki Practitioner & IT Consultant, September, 2009.

NICOLAS'S TESTIMONIAL

~ 2009 ~ 5th Dimension Training.

This training has made me feel confident to heal myself & to heal other people & to trust my own inner guidance. el taught everything well & this was the final piece of the puzzle to get me out there doing healing work.

NICOLASReiki Master. August 2009

KERRI'S TESTIMONIAL

~ 2009 ~ 5th Dimension Training.

This training has helped me to improve my connection to Source & to ensure that my Spiritual & non-Spiritual activities are balanced & integrated. I enjoyed this training greatly & it will assist greatly in all aspects of my life.

KERRI.... Spiritual Entrepreneur. August 2009

KRISTY'S TESTIMONIAL

(5th Dimension Spiritual Life Coaching/Healing. Sept 2009)

Hi el Thanks for getting back to me so quickly It was amazing meeting you, you are extremely intriguing & I keep thinking and dreaming about my experience with you. I feel uplifted, and I know I'm on the right path. A week in the bush will give me time to practice and process what you have given me. It's interesting how our memory works, the night after seeing you I could barely remember the chant you taught me, but I awoke the next morning and knew the whole thing and have been chanting it often. It's very empowering. And you most beautiful one have awakened an incredible strength in me. I'm very grateful. And I look forward to seeing you again. 11:30 on the 7th is perfect. Thanks again el

Love

Kristy

SARA'S TESTIMONIAL

(5th Dimension Spiritual Healer Training. Sept 2009)

Hi el, Thank you, thank you, thank you for everything you have given and taught me! I love soul dancing! Every morning since Tuesday I have meditated and then soul danced to try and get into my soul and back to the place I saw all of those images in Sunday's meditation class. First though I went upstairs to the 108th dimension and asked them to take me back into the elevator and to the land with all the images. They said "Sara, you don't have to come all the way up here in order to go within". So I realised that place was within me - duh! Once again I assumed this magical place was outside of me. Anyway, the soul dancing has really helped and yes, the images aren't as strong as they were with the group energy but I am still able to make out enough to complete sketches and I started painting again this morning! While I was painting today I had a vision of me taking a class of creative people to get them back into their soul and out of their ego/ head. No wonder so many creative people have depression and anxiety and take drugs in order to feel more creative! So thank you so much, I am so excited about my life!! You have given me the greatest gift: in helping me to remember who I really am and what I came here to do!

Lots of love,

Sara xo.

NICHOLAS'S TESTIMONIAL

(5th Dimension Spiritual Healing. May 2009 -text received)

Beloved! Thanks infinitum for the personal healing but also the Planetary & Humanity Healing. Both Tony & I had a blast & as suspected, Mum & Dad loved the scones as did I. Blessings on all levels :)

SARA'S TESTIMONIAL

(5th Dimension Spiritual Healer & Teacher Training. June 2009 - text received)

Oh my God. Just had to tell someone: 1 interior designer & 2 architects came in today & they are interested in putting my work (paintings) in their buildings! They also gave me some tips for working with other interior designers! So cool! This meditation stuff is really paying off! Thanks for being my Teacher.

Take Care Xo

PAULA'S TESTIMONIAL

(5th Dimension Group Distance Healing. May 2009 -text received after healing sent in 5th Dimension Spiritual Healer & Teacher class training)

Hi el. Have to say a massive thank you! Did you guys send me a healing on Thursday? Because I was completely better by the afternoon! Fever was gone & was able to get on with my day.

Thanks heaps!

Love

Paula :) x

RYANS'S TESTIMONIAL

(5th Dimension Distance Healing. March 2009 -text received after Estella survived operation)

Hi el..... Thank you! Thank you! Thank you! Thank you so much.... they gave her (Estella) a 10% chance to survive. I don't know what to say! You have been such a beautiful blessing to me & the rest of our family. I can't thank you enough! This Thursday I will thank everyone in the group. Thank you so much! You are an extremely beautiful person. To be honest, I cried for Mandell for days and I don't know if I could go through with it all again so soon.

Thank you so much.

Ryan xoxo.

MIRANDA'S TESTIMONIAL

(5th Dimension Spiritual Life Coaching Session & Distance Healing. March 2009 -email received after healings)

Dearest el, I am in eternal gratitude and so humbled by the way my life's journey guided me to you, even under stressful circumstances there is always a gift in everything. I am feeling so connected to spirit and my beautiful heart. Thank you. We have just found out we will be heading back to Melbourne as soon as we get back from Thailand. We will be back by the Anzac Weekend so I will definitely be in touch and come see you again.

With love and blessings

Miranda xo

ANGELA'S TESTIMONIAL

(5th Dimension Certified SPIRITUAL HEALER & TEACHER TRAINING. Feb 2009 -Text received from Angela after 1st class)

Beautiful el, I feel great, legs are feeling like new. Thanks you for gently guiding me. I really needed your belief in me. I know I have a lot to learn, but one thing I know – I am brave. “Feel the fear & do it anyway” is one of my mantras. I now fully understand what you said about “The group energy” and how powerful it is.

Love to you,

Angie

Angela had a past life come up where both her legs had been chopped off and she was in lots of pain in her very first 5th Dimension Meditation. We just sewed them back on, healed the wound & channelled the energy back down her legs & she could feel her legs for the first time in this life! And it all took less than 5 minutes!! WOW - Definitely a brave human being to show herself so clearly in the first class!)

LISA'S TESTIMONIAL

(5th Dimension Certified SPIRITUAL HEALER & TEACHER TRAINING. Feb 2009 -Text received from Lisa after 1st class)

Hi Miracle Worker, pain is all gone..... Thank you....Xx Many thanks

Lisa had arrived at class with pulled muscle in her groin which was causing pain all the way down her left leg. Lisa also had a past life come up in her 1st 5th Dimension Meditation and was cleared before she went home. Another brave soul & another great testimony to the power of the 5th Dimension

ANIA'S TESTIMONIAL

(5th Dimension SPIRITUAL LIFE COACHING. Email received from Ania Feb 2009)

el, Once again I am stumped at the power of 5th dimensional meditations that you have taught me. Firstly, I used to get these horrible stomach aches. (Like period pains, but they would come and go as they pleased for the entire month). I still get them every now and then, but I just go into my 5th dimensional meditations and they just go away. (I can do my 5th dimensional meditations anytime anyplace now. It's great!). Secondly. There we were, on our farm on Saturday, at Neerim East, in the line of fire. The energy of the fire was amazing. I could feel it. But I just kept doing my 5th dimensional meditations, and kept telling the fire to stay away. Our neighbours got a few glowing embers. We didn't. (We got the cloud of smoke, the darkness, the power outage, the ash, the falling burnt leaves and bark, But no live embers.) But what was most amazing was the horses. They stayed just so calm. I put them in a small paddock and said to them, "you will be safe here". And they were just so calm and peaceful - normally I would expect more unrest when it's raining burnt leaves, and the air is filled with smoke. After all, horses recognise that smoke is dangerous. Thirdly. When we were under fire attack at the farm, and the power went out, my daughter was terrified. I could not move a metre away from her, without her panicking. Yet somehow, I managed to bath her in a cold bath, read her a story and put her to bed. She fell asleep peacefully, without any fear that I will leave her in the house, and go to fight the embers outside. Fourthly. I decided to host one of those party plan parties. The initial uptake was starting to look like it might be just me, and my sister in-law. So I started wishing for another guest or two. Lo and behold, one invitee has just confirmed she's coming as well. el, once again thank you, thank you and thank you. It has amazed me what I can actually do. All the very best, Ania Ania Bodeit Senior Consultant IBM Business Services (PS: I emailed Ania back & thanked her for taking her power back. We are all amazing Beings & we just have to have the courage to own our power & then use it to better our life!)

MIRANDA'S TESTIMONIAL

(5th Dimension Spiritual Life Coaching & Distance Healing. Mar 2009- email received)

Dearest el, I am in eternal gratitude and so humbled by the way my life's journey guided me to you, even under stressful circumstances there is always a gift in everything. I am feeling so connected to spirit and my beautiful heart. Thank you. We have just found out we will be heading back to Melbourne as soon as we get back from Thailand. We will be back by the Anzac Weekend so I will definitely be in touch and come see you again.

With love and blessings

Miranda xo

MELISSA'S STORY

(DIVINE DISTANCE HEALING with FREE BLESSING, April 2008)

Thank you so much el, I felt so connected immediately and my flu & allergies were all gone the next day. Please send us your cards & we will put them up in the restaurant.

Much love,

Melisa - Sydney NSW x

JUL'S STORY

(SPIRITUAL LIFE COACHING/HEALING APPOINTMENT via Phone, June 2007)

Thanks el - I've been on fire since your healings! You really helped me get through my transition period and your meditation and protection technique has been exactly what I needed. Thanks so much! I've had more energy than I know what to do with and have been successfully losing

weight too after being unable to do so for so long. I haven't been able to manage another conversation with my healing team (spiritual healing guides) but when I've called them close I can definitely sense them now. Please don't forget to let me know when you have your recorded instructions available so that I can try again for another conversation. Otherwise I've been devouring books and my life has been falling into place again - just as you promised extraordinary things have happened to show me that if I ask then I will receive.
love and light,
Juls x

WILL'S TESTIMONIAL

(DIVINE HEALING AND BLESSING, May 2008)

Since receiving your Divine Business Blessing 3 weeks ago, I have been fully booked since, so thank you so much el. The healing has also relieved an enormous amount of stress in my life.
Thank you again,
Will.

PAM'S TESTIMONIAL

(DIVINE DISTANCE HEALING with FREE BLESSING, April 2008)

Dear el,

I have just realised that it was the Divine Blessing & Distance Healing that I got off you that got my business moving. It was exactly what I wanted to create and it was Divinely given.
Thank you so much.

RENEE'S TESTIMONIAL

(5th Dimension Spiritual Training. 2008)

Merry Christmas el. You are a walking, talking, living blessing and I am so thankful to have met you. Hope your day has been a happy one.
Thinking of you with love,
Renee x x

JENNY'S TESTIMONIAL

(5th Dimension SPIRITUAL HEALERS 12 week TRAINING PROGRAM, November 2008)

I am a Reiki Master and have incorporated 5th dimension energy into healings with my clients. The 5th dimension energy feels very different to Reiki energy which is a very powerful energy channelled from the universe. The 5th dimension energy incorporates sun & earth level energy which promotes growth, love and light. In addition to magnifying the effects of the healings on my clients, the 5th dimensional energy has enabled me to connect with spirit guides and the angelic realm.

Jenny (Reiki Master) –

VIC TRACEY'S STORY

(5th Dimension SPIRITUAL WORKSHOPS & SPIRITUAL LIFE COACHING, October 2008)

Hi I am an artist for the spirit world and express my creativity, visions through art using colour, symbolism, guides etc. My life has lead me in so many different paths, learning this and that from many great spirit guides and teachers and it has been a true blessing. After years of developing my art skills, achieving a diploma, meditating and being in conscious contact with

my higher power I was lead to a seminar on el Ma Ra's 5th Dimension Spiritual workshop and decided to do this wonderful enlightening awakening course. My heart had been shattered by many happenings in my life, just one after another it seemed and I was looking for an example in someone who actually lives what they do. I am very perceptive and don't respect those that don't practice what they do. I loved the effort el puts into to changing by meditating, reconnecting, transforming that which is spoken into reality. Now I can breathe and know I am truly protected, guided, loved and this was through listening and believing I deserve a better life and I can live my dreams and do and serve Gods will. I am now running creative workshops that inspire others to create, reconnect with their energy. I create healing pictures that portray the energy that I see by opening my heart. I am now living from love and enlightenment because I was guided to el Ma Ra's workshop and shown the way to great golden energy that heals and transforms. el Ma Ra showed me how to amalgamate all my qualities and give them meaning through gently guidance, teaching me to stop and feel again something I wasn't too keen on. I just needed to be shown gently and introduced to the 5th Dimension. I recommend el to anyone, particular those that have a direction but still feel a little lost and confused. We are human and we do get lost, hurt and broken. We are also a soul and it is time to awaken and bring the connection of love back into our beings. So don't sit alone and confused reach out and find unconditional love, acceptance and prosperity. We all need to stay with like minded beings and el can help, her workshops were the final piece to moving and detaching from all that keeps me from being me. From my heart to yours
In lovelightlaughter
Tracey Head Mother of Pearl ~ Warrnambool, Victoria.

ROSIE'S STORY

(email received after Spiritual Nurturing Session, May 2007)

Hi el, Many thanks for your time with me last Friday. It all made sense and I am feeling much more positive and vibrant now! I will not be able to attend your workshop this weekend, but will definitely consider it or something similar with you in the future. You are a very talented and kind lady, and I wish you well in all that you do! I am also looking forward to a wonderful, successful, talent filled life ahead of me and a part of that will be realised because I was healed by you!

Looking forward to seeing you again in the future,
Rosie xxxx

CHELLE'S TESTIMONIAL

(Life Purpose Reading/Healing 2006)

Chelle sent the following text message within 15 minutes of leaving her appointment on 30th October, 2006. "Thank you, thank you, thank you so much. I feel like I'm in heaven. As soon as I came out the ex had left a message... I did not flinch and was overwhelmed with love & light... Much love to you and all who work with you. You are an angel and an inspiration. x o x :-) big hugs x" I texted back reminding Chelle that I was merely the facilitator & it was she that needed to pat herself on the back for having the courage to move forward & remember who she truly is. I received the following text back; "Yes thank you for your assistance in bringing me back to my true essence
X enjoy your evening. X

HARRIETTS STORY.

(Angel Connection ~ April 2007)

Harriett wanted to connect to her own Personal Angel & after some one-on-one healings & doing a detox, we set an appointment to specifically do her "Angel Connection". Commencing with a 5th Dimension Meditation & simple cleansing/protection exercises, we called in her Higher Guidance and asked her personal guide to step forward & take a seat alongside of Harriett. Harriett was able to immediately ascertain that he was male & an American Indian, although she was not able to hear him clearly. I personally do not believe in telling my clients who their Angels/Guides are & prefer to help them hear this for themselves so they know the experience is real. So I got Harriett to ask her guide his name & amplified the answer so she could hear it for herself. (sometimes this is a trust issue more than anything else as we do not trust what we are hearing or we could be blocked from past life events!) Of course she got the same name that I did & we went on from here asking all the relevant questions, like life purpose & what else Harriett could do to connect with him more clearly. It was an awesome experience for both Harriett & el Ma Ra & 30 minutes wizzed by & seemed like only about 5 minutes when we needed to say our thank you's & goodbye's. Then the miracle happened! Harriett was leaning down to pick up her bag to pay me and she noticed her arm was covered in water. Startled, she asked where did the water come from. Of course there was no tap or rain inside & it was clear that a miracle had just happened. Her American Indian Guide had placed the water on her arm so that her ego could never tell her that she had imagined the whole thing!! What a huge blessing & Harriett tells me she has been on a high ever since!!!

PS: Harriett gave permission for this story to be told on my website, so others wanting to make a deeper connection to their own Spiritual Guides could do so. This can be done by one-on-one appointments but are best done in the 5th Dimension Angel/Higher Self Connection 1 day Workshops. more info....

RONE'S TESTIMONIAL

(Personal Healing 2007)

Dear El, I never realised how much I previously lived in the past and future until you helped me experience the 'Now'. I definitely feel that I have shifted into 5th dimension energy. I am quick to catch myself dwelling on the past and rarely think about the future. All that matters is what is going on right now and the more I connect to what is going on now, the more my life is changing and I am becoming more free. Thank you for your help and I look forward to participating in your Spiritual Healing and Development course over the next 6 months.

Rone.

DOROTHY'S TESTIMONIAL

(I AM WOMAN ~ HEAR ME ROAR 2007)

Dorothy sent this text message the next day after experiencing her own RAW/ ROAR POWER. "el WOW! A most amazing gift. Thank you for working with me to unleash those feelings kept inside me. I feel FREE! My confidence is back.

ROAR with love & light...

Dorothy

SHARON'S TESTIMONIAL

(DISTANCE HEALING & SPIRITUAL LIFE COACHING SESSION 2006)

el, Thanks so much for thinking of me. My meditation practice is intermittent I admit but I have been diligent with my intentions and affirmations. Sometimes I just soak up the sun or earth or imagine myself bathed in the turquoise. Something certainly has moved in my energy. I set an intention to be earning \$2,500 per week and its happened which is more than double what I was earning. Last week I had about 8 hours of coaching (mixture of business and wholistic coaching) that really came out of nowhere including some regular clients. The extra dollars are mainly coming from a project that will extend for about 4 months (maybe more). I also have a full time job opportunity that looks very promising that could mean more than double the money again but would be full time. I will consider it carefully as I am 43 and have very little assets (and a family to fend for) and its too good to pass up without thinking about it but its so fabulous to have an abundance problem rather than a scarcity problem! With some movement on the finances and career front I feel more hopeful and confident about what I can manifest on any other front as well. I saw your natural therapies page - looks great and very convincing text. I have a page there as well. I will use your statement below as there still some little 'stuff' going on. Things are greatly improved for me though. Thanks again so much for your help and especially for your follow-up.

Kind Regards,
Sharon

DEE'S TESTIMONIAL

(SPIRITUAL HEALERS 25 week TRAINING PROGRAM, April 2008)

I have known el for 2 years now and have attended her workshops & Spiritual Developments Circles over that time. Currently I am attending el's 25 week Spiritual Healers Training Program. Since meeting el I have learnt all about the 5th Dimension, 6th Density meditations, met my Angels and Higher Guidance and learnt to communicate with other Higher levels such as the Arcturians on the 13th Dimension and loved ones on the other side. I have also learnt to do several different styles of healing including Sound, Animal & Distance Healings and I can feel & balances auras & chakras. I've learnt how powerful GOOD aromatherapy oils & crystals are & heaps more. I have received a wealth of information from el over the past 2 years. However it is only since I began the personalised 1 on 1, 25 week program that my own individual and unique gifts and talents have been fully awakened so that I can apply them in my every day life. I can highly recommend el as a warm and inspiring, practical, down to earth Spiritual Teacher who is a lots of fun to be around and gives awesome hugs.

Love & light,

Dee. (Principal/Owner Dee-fined Balance – Personal Trainer) Melbourne, Australia.

BEAU'S STORY

(Spiritual Nurturing Healing for Asthma, May 2007)

I came in contact with el when I had a severe asthma problem in my chest which has been part of my life for 20 years, I felt overwhelmed, helpless and stuck in the past. I have tried every form of medicine available and these helped in the short term but then the symptoms would return. el helped me by being very caring and nurturing towards me and having time and compassion to hear me and understood the emotional discomfort I had been through via her own experiences. el helped me with a variety of healings which helped me get to the heart of the matter, clear the core energy in my body, and see things from a new perspective. At last I am on the other side, I sense a freedom and new hope deep within. I don't like giving testimonials but if you have an

issue you need help with however big or small I am sure el with all her love and compassion for the human being and healing will do everything in her power to help you.

Regards

Beau

DAVE'S TESTIMONIAL

(SPIRITUAL HEALERS 25 week TRAINING PROGRAM, March 2008)

Hi el,

Thank you for your amazing contribution to my being. Hope your Easter is a time of great blessings, Many thanks. Love Dave. MARK & LIANE'S STORY (25 week Personalised 1 on 1 SPIRITUAL HEALERS TRAINING PROGRAM, Feb 2008) We met el through her website. Neither of us had ever done anything like this before, but really wanted to explore so we signed up for the 6 months course. It has only been 3 months so far, already it has been an amazing journey. We have healed a lot, we have learnt a lot. We look forward to continuing this journey with the lovely el & our weekly meeting has become one of the highlights of our week. el is a delight to be around & to do this work with. Thank you el for your pureness of spirit & your generosity with your time.

See you next week!

from Liane & Mark

JULIA'S TESTIMONIAL

(Text received after 1st PERSONAL HEALING appointment 2007))

Many thanks Angel Heart, I feel connected to my Soul & Source and truly revitalised. It's been a long time coming & feels wonderful. I feel committed to this journey God has blessed me with. Have so much gratitude to you for re aligning me to this truth and light. Have a joyous weekend & I look forward to our time next week.

Julia x

WENDI TESTIMONIAL

(Personal Healing 2005)

el Ma Ra is a beautiful, joyful and down to earth woman. A woman who walks her talk. Her strength is not in judgment, But in encouragement of who we strive to become, the dignity that she brings forth is the embracing love that our souls use to heal. el Ma Ra is a model for the healing profession. I thank you el for being who you are, the very essence of your nature is one of the greatest healing tools I've ever had the pleasure to heal with. May the grace of God continue to light the path on which you walk. My loving appreciation for who you are.

Wendi (full name supplied) Coolum Beach

JILLIAN'S TESTIMONIAL

(Spiritual Healing 1990)

May 1990.

TO WHOM IT MAY CONCERN

This letter is a testimonial stating that I believe that the work being performed by Miss el Ma Ra to be a beneficial and important consideration in the treatment of illness, injury or disease. As a Registered Nurse I have worked extensively with conservative forms of health care and I believe that there is a place for Spiritual Healers amongst traditional medicine. As an active sports person

and member of an Australian sporting team I have personally experienced and benefited from therapy from Miss el Ma Ra . Indeed so have other members of our men's squad who have had recurrent ailments that have not been able to be assisted by traditional forms of care. It is my belief that Miss el Ma Ra is a gifted individual who does not promise miracle cures but has had considerable success with individuals seeking an alternate method of dealing with their health care. She is always professional and considerate and does not attempt to "convert" people to her beliefs. Until recently, she always offered her gift free of charge and it has been through the encouragement of her "patients" that she has left a secure & highly paid job to assist people on a full time basis. I wish her every success and would be happy to speak with anyone seeking further information.

Yours sincerely
Jillian Thomson
Registered Nurse
NORTH PERTH

GRAHAM'S TESTIMONIAL

(Personal Healing 2005)

"My name is Graham W. I am a 33 year man from the Sunshine Coast. I met el Ma Ra after being referred to her by Deb Webber for a "Healing" & an "Aura & Chakra Balancing" At that time I had no idea what that was & since I was seeking some new direction in my life, I made an appointment to see el. Many things happened in that first appointment & she sent me away with some meditations to do & a promise that I would be working with children in my chosen marital arts field. I did tell her this would not be possible as it would take me 2 years to get my black belt! el's answer was just wait & see!! I attended el's workshops & learn more about meditation & healing & all the so-called coincidences that had begun happening in my life!!! Now just 12 months after meeting el Ma Ra, my life is going in a completely different direction. I have completed my Personal Trainers Course, regularly teach children's classes at my Martial Arts School, have a new girlfriend & life is good. I can recommend el Ma Ra as a kind & deeply caring person who gently reminds you of who you are & what you are capable of being. She has the ability to see around corners & the potential your life can be, then clears your blocks through her healing & then gently guides you to being all you can be! Good on you elski!" 20th February, 2006 – UPDATE "On Valentines Day this year, I got engaged to my soul mate. el Ma Ra had mentioned to me that there was this wonderful woman coming into my life, but if I didn't clear my abandonment issues from the past, I would either not recognise her & would create some old familiar patterns & push her away. el gave me a beautiful healing on my kitchen table BEFORE she moved too far away. She said we had accessed some deep, old past lives & cleared them & that now I could move on with peace & love in my life & not fear. She gave me more simple things I could do to I improve my life. Not long after el Ma Ra left, I met this woman ell spoke of. At the time I had said to el, I wasn't interested in another relationship but she had said "you will be with this one." And she was right. From the first time we met we have been best friends & I proposed to her on Valentines Day this year. We have brought a new home & our life & my Martial Arts & Personal Training business as all flourishing. el is one of the most practical, down to earth & yet profoundly Spiritual People I have ever met. I am proud to call her my friend now & she better be coming to me wedding!!

Thanks again el for everything you have done to make my life the dream it is today! xx

LEANNE'S TESTIMONIAL

(5th Dimension Healing & Spiritual Life Coaching 2004)

I have known el Ma Ra, both as a friend and a spiritual healer, for only a short time, but the impact she has had on my life has been extraordinary. I met el last year through a mutual friend who knew I was going through a very challenging period of my life and knew el could help me. I had been feeling very doubtful about my future and about myself and felt like I had lost my sense of personal power. My father had recently found out he had cancer; I had relationship problems, work problems, and was just generally feeling very lost and unsure of life. After one session with el the impact on my life was immediate and I started to see positive changes in my work and more importantly in my relationships and how I felt about myself and about my life. I was so impressed with el's work that I asked her to come back to Sydney and stay with me for a few days so she could run one of her 1 day courses for my friends and I, and to hold private sessions for friends of mine that were interested in el's healing sessions. At the time of el Ma Ra 's visit I had discovered a lump in my left breast only weeks before, which had continued to grow and which had both my partner and I rather concerned. Having a strong family history of cancer I was scared that this could be a dangerous lump, so I had two sessions with el, where she focused on healing this lump. My sessions with el occurred only a couple of days prior to my appointment with the Breast Clinic and yet after weeks of this lump growing, I woke on the day of my appointment and couldn't find the lump at all! In hindsight I could have saved myself \$600 by not attending my appointment but I felt I had to be sure. So they ran a number of tests and could find no trace of a lump at all. Thanks el! My most recent visit with el however has been my most important by far - in addition to my father having cancer, earlier this year we also found out my dear mother has terminal cancer and now has only weeks left to live. Both my parents are still only in their 50's and should still have so many years ahead of them! After struggling through this on my own, trying to come to terms with it and still try to live some kind of normal existence, I reached a point where I felt like I wasn't sure if I could continue to cope. I turned up on el's doorstep (14 hour's drive away!) and she kindly looked after me and spent 2 days helping to heal my spirit and my mind. The sadness and grief is still there of course, but there is a place of quietness now inside me where I know that I will, and I can, cope with this challenge and come out the other side a better person for it. Could I have done this on my own? Perhaps. I don't know. But what I do know is that el Ma Ra helped me to reach this point much faster than had I tried to battle through on my own. Now I'm in a place where I can be there for my Mum and help her to understand that death is an unfortunate part of life but it doesn't have to break your spirit, and that not only will I be OK when she passes, but more importantly, so will she, that she is going home - to a place where she will no longer feel pain, only love and peace. I have discussed in depth el's words of wisdom and caring with my mum, and she also feels far more comforted by her own passing than she had before, where she lived each day scared of what would happen when she reached the end of her time here. I can't put a price on that experience, or the gift that el has given me through her healing. I just hope that in turn this healing makes its way around the world so that each one of us can be touched in some way - to help those of us who have many years ahead of us and want those years to be both happy and healthy ones, and also for those whose life is coming to an end and who need to deal with both the realisation of that and the fear that comes with letting go."

Leanne B. ~ Sydney, Australia

In our darkest moments lie the seeds of change and infinite possibilities.....el Ma Ra